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## Article Submission Check List

Article / manuscript can be submitted through e-mail on [driqbal7@gmail.com](mailto:driqbal7@gmail.com)

Pl make sure to go through the check list & submit all relevant documents;

-Cover letter signed by all authors (see authors guidelines-manuscript submission from [www.podj.com.pk](http://www.podj.com.pk))

-Ethical committee report of the Institution.

-Plagiarism report (Similarity index less than 19% ).

-Pl write page numbers.

-On page 1 : write names, qualifications, designations, e mail addresses, contact numbers & complete postal address of Institute.

-Follow PODJ articles format strictly (pl see articles published in last issue )

-Authors contributions on last page of the article after references.

-Pl write brief legend of the figures below the figure.

For tables write legend above the table.

-References preferably should be new (from last 5 years)

References should be written in Vancouver style.

-Figs / graphs are published in Black / white mostly.

For colour figs press charges extra.

-Authors after that are required to send processing fee (as per Author's Guidelines [www.podj.com.pk](http://www.podj.com.pk))

-Article is sent to External Reviewer's for review.

Process may take 8 – 10 weeks.